

Anne H Berman, PhD

Uppsala University, Department of Psychology, von Kraemers Allé 1, 75237 Uppsala, anne.h.berman@psyk.uu.se
Karolinska Institutet, Department of Clinical Neuroscience, anne.h.berman@ki.se
Home address: Folkungagatan 142, 116 30 Stockholm, Telephone number: 070-4245360

1. Education and titles

2021 Professor of Psychology, Uppsala University
 2011 Associate Professor (Docent), Clinical Psychology, Karolinska Institutet
 2010 Specialist in Clinical Psychology
 2007 Advanced diploma in Psychotherapy, Uppsala University, Uppsala, 90 ECTS credits
 2004 PhD degree in Psychology, Dept of Psychology, Stockholm University, 240 ECTS credits
 1998 M.Sc degree in Clinical Psychology, Stockholm University, 300 ECTS credits
 1995 Diploma in Law, Stockholm University, 120 ECTS credits
 1980 B.Sc. in Psychology and Sociology, Haifa University, 180 ECTS credits

2. Current and recent positions

2021- Professor of Psychology (full professor with tenure), Department of Psychology, Clinical Psychology, Uppsala University, 100% (44% research)
 2022- Affiliated researcher, Karolinska Institutet, 10%
 2020-2021 Associate Professor, Senior lecturer, Clinical Psychology, Uppsala University, 80% (40% research)
 2020-2021 Research group leader, Associate Professor, Clinical Psychology, Karolinska Institutet (20%)
 2019 Senior clinical researcher, Karolinska Institutet, 80%; Senior scientific advisor, National helpline for problem gamblers and family members, 20%
 2016-2020 Clinical researcher via Swedish Research Council, 37,5%
 2015- 2019 Director, National helpline for problem gamblers and family members, 42,5%
 2011- 2019 Adjunct senior lecturer in clinical psychology, Dept of Clinical Neuroscience, Karolinska Institutet, 20%
 2012- 2015 Clinical researcher via Swedish Research Council, 50%
 2005-2020 Psychologist, Stockholm Center for Dependency Disorders. Psychotherapist 20% 2005-2015.
 2005- Psychotherapist in private practice (employer-approved concurrent occupation).

4. Publications. 164 publications including: 118 peer-reviewed articles (published or accepted), 1 letter to the editor, 4 books, 12 book chapters, 1 book foreword, 1 PhD dissertation, 1 MSc thesis, 2 English-language reports, and 24 Swedish-language reports or articles. 12 submitted manuscripts and 10 in preparation.

5. Research funding

Grants worth 25 million SEK as PI since 2012; prior grants as PI 2005-2011 worth 9.7 million SEK.

Co-applicant for grants worth 66.4 million SEK since 2012; prior grants as co-applicant worth 39.5 million SEK.

Selected grants as principal applicant or PI in the past 10 years:

Year	Funder	Title	Sum
2021	Swedish Public Health Agency 04252-2021-2.3.2	University students during the acute and post-acute phases of the COVID-19 pandemic: Mental health issues, academic self-efficacy and factors associated with positive mental health – a longitudinal survey study	1 500 000 SEK for 2022-23
2019	VR 2019-01127	National assessment and e-health interventions for mental health problems among university students: Swedish partnership in the WHO-World Mental Health International College Student (WMH-ICS) study	4 800 000 SEK for 2020-2023.
2016-21	Horizon 2020, Proposal nr 727558.	Lifestyle intervention in the perioperative process through digital service (LIVE INCITE). PI for Karolinska Institutet's partnership (total budget 35 000 000 €)	KI budget: 105804 €
2016-18	SRA, F2015-0097	Reducing risky alcohol use with skills training in app format: A randomized controlled study among individuals from the general population	300 000 SEK
2016	ALF-funds nr 20150460	Developing and implementing digital interventions for lifestyle changes in primary care based on an innovative process of co-design with patients and staff	200 000 SEK
2014-2016	FORTE Network grant	E-interventions for problematic ANTGD behaviors: A research-oriented network	300 000 SEK

2013-2015	AFA insurance, nr 110248	E-health treatment for problematic alcohol and drug use in occupational life	2 000 000 SEK
2012-2020	VR grant 2011-07881	50% employment as clinical researcher (37.5% 2015-19)	5 400 000 SEK
2012-2020	VR project grant 2011-03650	E-health interventions for problematic alcohol and drug use in psychiatry and primary care	5 400 000 SEK

6. Current doctoral supervision

1. Elisabeth Petersén, Registered 2017-05-31, completed half-time control, 12 June 2020, defense planned for 2024. Main supervisor
2. Ella Tiblin, registered autumn 2020 at Uppsala University, completed half-time control October 2022, PhD defense planned for 2025. Co-supervisor
3. Danilo Romero, registered 2020-02-21 at Karolinska Institutet, completed half-time control June 2022, PhD defense planned for 2025.
4. Miriam Jakobsson, registered 2019-09-01 at Karolinska Institutet, PhD defense planned for 2027.

7. Prior PhD dissertations supervised

1. Karoline Kolaas, PhD, Karolinska Institutet, October 2023. Main supervisor.
2. Viktor Månsson, PhD, Karolinska Institutet, April 2023. Main supervisor.
3. Olof Molander, PhD, Karolinska Institutet, March 2022. Main supervisor.
4. Niels Eék, Gothenburg University, March 2022, Co-supervisor.
5. Magnus Johansson, PhD, Karolinska Institutet, September 2020. Co-supervisor.
6. Christopher Sundström, PhD, Karolinska Institutet, December 2017. Main supervisor.
7. Lena Bergdahl, PhD, Uppsala University, June 2017. Co-supervisor.
8. Mikael Gajeci, PhD, Karolinska Institutet, June 2016. Main supervisor.
9. Kristina Sinadinovic, PhD, Karolinska Institutet, June 2012. Main supervisor.

7. Postdoc/researcher supervision

1. 2022- Naira Topooco, PhD, 100%, UU, researcher
2. 2022-2023 Olga Perski, PhD, 20%, UU, researcher
3. 2020-2022 Christopher Sundström, PhD, 20%, KI
4. 2019-2020 Philip Lindner, PhD, 40%, KI
5. 2016-2020 Mikael Gajeci, PhD, 20%, KI
6. 2012-2016 Kristina Sinadinovic, PhD, 50%, KI
7. 2009-2014 Assoc prof Claes Andersson, PhD, currently Senior lecturer Malmö högskola

9. Faculty opponent PhD dissertations

- 2023 Louise Miller, Gothenburg University. Title: *Gendered experiences of gambling and alcohol: exploring subjective and physiological effects in recreational and treatment seeking population*. Opponent.
- 2018 Joanna Milward, King's College London. Title: *Development and evaluation of a smartphone app targeting harmful drinking in young adults: How do we promote engagement to improve clinical outcomes?*. External co-examiner at viva.
- 2018 Olov Nordvall, Umeå University. Title: *Executive function in interned youth*.
- 2016 Gunnhild Bagøien, Trondheim University, Faculty of Medicine, Trondheim, Norway. Title: *Motivational Interviewing for Reducing problematic substance use among patients in the psychiatric emergency room*. First opponent.
- 2016 Torunn Hoejdahl, Oslo University, Faculty of Medicine, Oslo, Norway. Title: *Rehabilitation program for women in The Criminal Justice System – impact on sense of coherence*. First opponent.
- 2015 Charlotta Thunborg, Örebro University, Physiotherapy Dept. Title: *Exploring dementia care dyads' person transfer situations from a behavioral medicine perspective in physiotherapy: Development of an assessment scale*.

10a. Current teaching responsibilities

- 2020- Course leader, Assessment methods, 15 ECTS credits. Targets 5th term clinical psychology students, Uppsala Univ.
- 2020- Course leader, Digital psychology in theory and practice, 7.5 ECTS credits. Targets 9th/10th term clinical psychology students and students in the health professions with basic psychotherapy training.

- 2020- Lecturer in behavioral medicine, addiction and existential psychology, targeting clinical psychology students and MSc students, Uppsala University.
- 2004- Supervisor and examiner of BSc (15 ECTS credits), Psychotherapy diploma (15 ECTS credits) and MSc theses (30 ECTS credits), Stockholm University, Karolinska Institutet and Uppsala University. Over 50 theses since 2020 at Uppsala University; approximately the same number earlier.
- 2005- Course leader, Applied Behavioral Medicine in Primary Care, 7.5 ECTS credits, Karolinska Institutet

10b. Teaching experiences/funding (selected)

- 2020-22 Course development: Psychology students as internet treatment providers: Pedagogic course development for a more highly digitalized employment market. Uppsala University, Unit for University Pedagogy, 180 000 SEK.
- 2016- Renewal of KIBEHMEDx MOOC with a section on Behavioral Medicine Service Delivery and Organization. Supported by EIT-Health, 20 000 EUR.
- 2014- Developer of the KIBEHMEDx MOOC on Behavioral Medicine on the EdX.org platform. Internal grant of 1 000 000 SEK.
- 2005- Developer, lecturer and examiner, Applied Behavioral Medicine in Primary Care, an inter-professional course at Karolinska Institutet for students in medicine, clinical psychology and physiotherapy, as well as nursing and occupational therapy from 2018 and all other health professions from 2021. A 5-week course granting 7.5 ECTS credits, given once a year 2005-2008 and thereafter twice a year, every year.
- 2011 3 ECTS credit research education course at KI on *Psychological treatment research on problematic substance use* in the autumn of 2011, within the Program in Neurosciences. 100 000 SEK.

11. Organization of scientific meetings

- Member, Scientific Program Committee, ICBM 2025, Vienna, Austria, August 5-9 2025
- Co-Chair, Scientific Program Committee, ICBM 2023, Vancouver, Canada, August 22-26 2023
- Member, Scientific Program Committee, ISRII 2022, Pittsburg, USA, Sept 23-25 2022
- Member, Scientific Program Committee, ICBM 2021, Glasgow, Scotland, June 7-11 2021
- Co-Chair, Education & Training Track, ICBM 2021, Glasgow, Scotland;
- Chair, Addictive Behaviors Track: ICBM 2018, Santiago, Chile; ICBM 2016, Melbourne, Australia; ICBM 2014, Groningen, Netherlands;
- Chair, Alcohol/Smoking/Substance Abuse Track, ICBM 2012, Budapest, Hungary; Co-chair, Alcohol/Smoking/Substance Abuse Track, ICBM 2010, Washington, DC
- Chair, Scientific Program Committee for the 2nd International Conference on Research in Motivational Interviewing, held in Stockholm, Sweden, June 2010

12. Awards

- 2022 INEBRIA Nominee, Richard Saitz Outstanding Mentorship Award
- 2018 ISBM Distinguished Career Award in Behavioral Medicine
- 2018 ISBM Award for Outstanding Service as Education & Training Chair, ISBM
- 2015 EINAR award, Dept. of Clinical Neuroscience, for first MOOC on Behavioral Medicine at KI
- 2008 10th International Conference of Behavioral Medicine Tokyo, Japan 27–30 augusti Best poster abstract
- 2005 Best PhD dissertation 2004, Department of Psychology, Stockholm University.

13. National commissions of trust (recent)

- 2021- Scientific Counsel (*Vetenskapligt råd*) in Addiction Psychology, National Board of Health and Welfare
- 2022-2023 Scientific advisor, government white paper on drugs (Narkotikautredningen).
- 2013-2023 Member, Svenska Spel Independent Research Council
- 2017-2021 President, Swedish Society of Behavioral Medicine
- 2015-2019 National Competence Group (Nationell kompetensgrupp under Programråd, SWE), developed evaluation procedures for internet treatment programs for the national platform launched 2015
- 2016-2017 National Board of Health and Welfare, expert and evaluator in Gambling Disorder treatment recommendations

14. International commissions of trust (current)

- 2023-2025 Past President, International Society of Behavioral Medicine (ISBM)
- 2021-2023 President, International Society of Behavioral Medicine (ISBM)
- 2018-2021 President-Elect, International Society of Behavioral Medicine (ISBM)
- 2018-current Core member, Special Interest Group on e-health interventions for addictive behaviors, Inebria.
- 2018-current Core member, Special Interest Group on research methods for alcohol interventions, Inebria