



Working life perspective and  
career paths – third cycle  
education/PhD studies

**Oliver Degerstedt**, chair  
Doktorandnämnden (DN)



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The doctoral board of Uppsala University

# Our research education is broad

- Uppsala University in 2020 (from annual report):
  - **2228** PhD students
  - **199** Research education subjects (*forskarutbildningsämnen*)
- Opportunities on the central level:
  - [On-line Career Programme for Doctoral Students at Uppsala university](#) (recent initiative (2021) by Unit for Career and Leadership in Academia)
  - [PhD course - Intellectual property and commercialization & Mentor4Research program](#) (organized by UU Innovation)
- The main responsibility is placed on the PhD student, but should ideally be **shared with the supervisors**

# Some recent local examples:

- Bringing in **Alumni's** as a key component:
  - [Exit from postgraduate studies](#) – 1hp course at TekNat
  - **Career day** at EBC (inspired by [SLUs – Career outside academia](#))
- Organized by PhD Students for PhD students:
  - **Digital AW** organized by educational sciences doctoral council (UDR)
  - **PhD Days** annually at MedFarm, organized by both faculty doctoral councils (FDR & MDR)
- BUT – for many PhD students:
  - the **outside academia** career path is completely ignored
  - the **after research education** career path is missing altogether

# My top three tips:

- Reach out to your faculty doctoral council
  - If they are not already working on this → get involved and help motivate them!
  - We recommend at least **one career activity** per year
- Don't wait until the end of your final year
  - Start a dialogue with supervisors, touch upon during annual review perhaps?
  - Check out courses on the central level, build your “profile”
- Look up what activities the **trade unions** offer:
  - **Naturvetarna** – in my case, life science careers
  - **SULF** – more academic route

# Questions or suggestions?

Feel free to contact me:  
[Dokt.ordf@us.uu.se](mailto:Dokt.ordf@us.uu.se)

Have a look at our new webpage:  
<https://uudoctoralboard.se/>

