



## CV, Christian Benedict

(Maiden name Zabukovec)

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\*11.12.1976

4 children, married

Languages: German, Swedish, English

Department of Pharmaceutical Biosciences,  
Uppsala University, Sweden

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### Education

- **Doctoral Degree in Human Biology** (summa cum laude), Medical University of Lübeck, Germany, 2008. Dissertation Title: "Effects of Insulin on Central Nervous System Functions in Humans". Supervisor: Prof. Jan Born
- **Master's Degree in Human Nutrition**, University of Kiel, Germany, 2003

### Academic appointments

- **Associate Professor in Pharmacology**, Department of Pharmaceutical Biosciences, Uppsala University (UU), Sweden, [01.08.2022 - Present]
- **Senior Researcher**, Department of Surgical Sciences, UU, 2021-2022
- **Senior Researcher**, Department of Neuroscience, UU, 2013-2021

### Qualifications and Expertise

- **Docent in Neuroscience**, UU, 2013
- **Post-Doctoral Research Fellow in Neuroscience**, UU, 2009-2013
- **Post-Doctoral Research Fellow in Neuroendocrinology**, Medical University of Lübeck, Germany, 2008-2009

### Supervision

- Successfully supervised 3 Ph.D. students as principal supervisor and 3 Ph.D. students as co-supervisor.
- Mentored 2 post-docs.
- Currently supervising 1 Ph.D. student as principal supervisor and 1 Ph.D. student as co-supervisor.
- Mentoring 2 post-docs.

### Grant Application Evaluations

Reviewed grant applications for esteemed institutions including Brain Canada, Diabetes Foundation (UK), German Research Foundation (DFG), and more.

### Distinctions and awards

- Excellence Award in Endocrinology and Metabolism, Novo Nordisk Foundation, 2014
- Oscar Prize for Promising Young Researchers, Uppsala University, 2014
- Young Sleep Researcher Award, German Society for Sleep Medicine, 2012
- Dr.-Werner-Fekl Award, German Association for Nutritional Medicine, 2011
- Professor-Otto-Roth Award, University of Lübeck, 2009
- Silvia-King Award, German Diabetes Association, 2006

### **Other Duties and Engagements**

- Acted as opponent for Ph.D. theses in Norway and Finland.
- Served as an external examiner for Ph.D. theses at the University of Helsinki and University of Lübeck.
- Engaged in examination boards and committees.
- Contributed to scientific journals, including an Associate Editor role for SLEEP.

### **Invited Talks**

Presented at prestigious conferences and events including:

- EASD 59th Annual Meeting, Hamburg, Germany, 2023
- Keystone Conference on Sleep and Circadian Biology, California, USA, 2021
- Annual Meeting of the American Academy of Sleep Medicine, Philadelphia, USA, 2020
- Keynote Speaker at the Annual Congress of the Swiss Neurological Society, Switzerland, 2021

### **Memberships and Professional Affiliations**

- Member of Neuroscience steering board, Uppsala University
- Member of Data Safety Management Monitoring Board (DSMB)
- Member of Swedish narcolepsy register research committee
- Associate Editor for SLEEP

### **External funding as a main principal investigator**

<b>Year of Grant</b>	<b>Funding Agencies</b>	<b>SEK</b>
2024-28	Novo Nordisk Foundation (NNF)	14,000,000
2023	Swedish Brain Foundation (Hjärnfonden)	600,000
2022	Swedish Brain Foundation (Hjärnfonden)	600,000
2020-21	Swedish Brain Foundation (Hjärnfonden)	1,200,000
2020-22	Novo Nordisk Foundation (NNF)	2,719,179
2020	Skandia	400,000
2019-2020	Swedish Brain Foundation (Hjärnfonden)	600,000
2018	Folksam Foundation	250,000
2018	Family Ernfors Foundation	60,000
2016-19	Swedish Research Council (VR)	5,000,000
2014-19	Novo Nordisk Foundation (NNF)	7,186,211
2015-17	AFA Insurance	1,890,000
2013-17	Swedish Brain Foundation (Hjärnfonden)	2,500,000
2013	Novo Nordisk Foundation (NNF)	718,621
2011/13	Åke Wibergs Foundation	350,000
2011	Novo Nordisk Foundation (NNF)	431,188
2011	Olle Engkvist Byggmästare	150,000
2010-11	Swedish Research Council (VR)	1,440,000
2011	German Research Foundation (DFG)	3,371,330
	<b>Sum</b>	<b>41,427,920</b>